

# Helen Coffin Knowles and John Quincy Adams are fourth cousins four times removed

[Helen \(Coffin\) Knowles](#) and [John Quincy Adams \(1767-1848\)](#) are both descendants of [Anne \(Goldstone\) Bright \(abt.1616-\)](#).

1. Helen is the daughter of [Everett Duncan Coffin \(1883-1963\)](#) DNA✓
2. Everett is the son of [Duncan Coffin \(1838-1893\)](#) [confident]
3. Duncan is the son of [Nancy Ann \(Sterns\) Coffin \(1801-1889\)](#) [confident]
4. Nancy is the daughter of [Benjamin Stearns M.D. \(1768-1850\)](#) [confident]
5. Benjamin is the son of [Moses Stearns \(1728-1808\)](#) [confident]
6. Moses is the son of [Anna \(Coolidge\) Stearns \(1706-\)](#) [confident]
7. Anna is the daughter of [Jonathan Coolidge \(abt.1670-1755\)](#) [unknown confidence]
8. Jonathan is the son of [Mary \(Bright\) Coolidge \(1639-1712\)](#) [unknown confidence]
9. Mary is the daughter of [Anne \(Goldstone\) Bright \(abt.1616-\)](#) [unknown confidence]

This makes Anne the **seventh great grandmother** of Helen Coffin Knowles.

1. John is the son of [Abigail Quincy \(Smith\) Adams \(1744-1818\)](#) [unknown confidence]
2. Abigail is the daughter of [William Smith Jr. \(1706-1783\)](#) [confident]
3. William is the son of [Abigail \(Fowle\) Edwards \(1679-bef.1760\)](#) [unknown confidence]
4. Abigail is the daughter of [Beriah \(Bright\) Fowle \(1651-1734\)](#) [unknown confidence]
5. Beriah is the daughter of [Anne \(Goldstone\) Bright \(abt.1616-\)](#) [unknown confidence]

This makes Anne the **third great grandmother** of John Quincy Adams.

For Helen's descendants, just add an additional Times Removed for each generation. Helen's children would be 4<sup>th</sup> cousins 5 times removed. Helen's grandchildren would be 4<sup>th</sup> cousins 6 times removed etc.